



**A Weekly Biblical Healing Newsletter**

**| NO. 01/09**

The time has come for God to intervene and bring biblical healing and deliverance to His people. For the last two years, God has given me the mandate to teach not only on how to pray for physical healing but also healing of the soul (mind, will, emotions).

Many who are suffering from financial debts have been set free as a result of inner healing.

It is time that people begin to realize that physical healing can only be manifested through deep wounds healing. Many have accumulated emotional garbage since childhood and when they come to Jesus all they did was only to utter a sinner's prayer. This was not adequate as you can see from Jesus ministry in the Bible where he sat with pre-believers to do inner healing. The woman in the well, Mary Magdalene being delivered of seven demons and restoration of Peter to ministry are examples of Jesus ministry on deep wounds healing.

I have just completed a 3 days seminar at a church in Muar and people's eyes have been opened towards the immense garbage they have accumulated. I have received many testimonies of transformation and people having a better perspective of God. They have come to a realization that self destructive talks are not healthy and people's minds are now being renewed and becoming Christ-centred instead of self-centred. I give God all the glory.

#### **HINDRANCES TO HEALING**

How long have you wanted healing for your own hurts? How long have you waited for your loved one to be healed? I have been to the nations doing miracle healing and revival meetings in India, Philippines, Malaysia and Indonesia and have seen the blind see, the deaf hear and lame walk as a result of God's power in cooperation with the people's faith. Even appendicitis were healed without going for operation. A 5 year old boy was healed of a 9 day constipation infirmity. Praise God for His mighty power.

However, there are still people who do not receive healing no matter how hard we minister. These are the people who have serious emotional garbages accumulating over the years as far back as mother's womb.

#### **The three most common hindrances are:**

- (a) Unforgiveness which can also be generational**
- (b) Unconfessed sin**
- (c) Demonic blockage**

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## Other hindrances are:

### (a) People are not familiar with the process of receiving healing.

**(b) Analytical thinking** – When we come to the Lord for healing we must lay down analytical thinking and submit our healing to the Lord to do a deep spiritual surgery. All they need to do is to see or feel with his spirit.

**(c) Fear** – this is a large hindrance. Often fears of being out of control, of painful memories, reexperiencing shame or failure to inhibit a person's openness to receive healing. It is necessary that we ask the patient to give all their fears to the Lord. They need to know that there is always the purpose of the pain even though they have to reexperience pain. Only this time the pain will be healed when they go through this deep level healing.

### (d) Reaction to Memories

Many of the times we are not healed of hurtful memories of the past and when similar circumstances arise, we react with resentment and anger.

**(e) Lack of knowledge of expressing his emotions.** Emotions have often been seen as a weakness. He needs to be educated to have godly balanced teaching about the place of emotions in his life. He needs to see that Jesus Himself expressed a wide range of emotions and that Jesus had much compassion on hurting people. They need to know that Jesus did not ignore hurts; He healed them. Help them to recognize that feelings such as anger, bitterness, grief, resentment and/or frustration may have been stuffed inside them for years, simply because it has not been safe to express them. They need to be motivated to getting rid of all negative emotions as this is what God requires of them. Col 3:8-10, Eph 4:26-32.

**(f) Medication** – this can be a hindrance but God still can heal by working with the patient the root causes. However, in such cases, they would receive lesser healing than they are entitled to. This applies to only those who have roots of depression and/or spiritual, however his need for such medication will diminish as the Lord's healing takes place.

### (g) Self destructive talks

This is very common among individuals including Christians. Because of past hurts that were not dealt with, the self destructive talks keep manifesting even though God's truths are there to confront the lies of the evil one. The fear of hearing the wrong voice keeps haunting them. Such people must be taught to give their self destructive talks to Jesus whenever these statements come to their mind.

Those experiencing Cancer especially require deep level healing. These are people who have accumulated a lot of emotional garbages over the years.

Deep level healing involves asking God for forgiveness and healing of the hurts, forgiving ourselves and stop blaming ourselves and releasing forgiveness to those who have hurt us. It is also the key to building better relationships which is so necessary in our lives as wherever we go we are facing people. We need to work on our relationship with people because we were created to relate to God, to ourselves and to others.

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God bless



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