



BIBLICAL HEALING

A Weekly Biblical Healing Newsletter

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Over the years, I have seen many people both in Singapore and in the nations I ministered to very trapped and wounded. Many believed they are helpless. I was one among that group but by the grace of God I was given a revelation of the keys of the Kingdom that have enabled first myself and others I ministered to, to receive God's restorative healing, deliverance and freedom. Many Christians are bound because they did not know the truth and the truth could not set them free (**Jn 8:32**). They fail to see the revelation in **1 Jn 1:9**. When we come to Jesus, we think that saying the Sinner's prayer is all that they need and Jesus know and have taken all their sins. If so, then why are Christians still living in bondage of debts, sickness and diseases and family problems?

As I examined **1 Jn 1:9** I noticed that we need to confess our sins and I would say all the sins that the Holy Spirit would convict us to repent, including the sins before we know Christ and acknowledge Him as Saviour and the Lord. Next, we have to ask the Lord to cleanse us from all unrighteousness and sanctify us to keep us pure that we will live a holy, sanctified life.

2 Cor 7:1

"Therefore, having these promises, beloved, let us cleanse ourselves from all defilement of flesh and spirit, perfecting holiness in the fear of God."

We have also overlooked the four areas we have to do:

- (a) **Sins of the fathers and resulting curses**
- (b) **Ungodly beliefs**
- (c) **Soul/spirit hurts**
- (d) **Demonic oppression**

Each of these four areas are connected to and strengthened by the other three. If we ignore any of these problem areas when we re ministering to someone, we leave an open door for the enemy to undermine the entire healing process.

Sins of the fathers and resulting curses

Ex 20:3-6 states that the sin of idolatry results in the curse of visiting the iniquity of the fathers upon the children unto the third and fourth generation. To set ourselves free, God has given **Lev 26:40**. We confess our own sin and our ancestors' sins (**1 Jn 1:9**) and forgive as needed (**Mt 6:14-15**) then appropriate Christ's finished work on the cross to break the curses in **Gal 3:13** and recover the 'legal ground' from the enemy (**Col 2:14**)

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Ungodly beliefs

Our minds are filled with half truths or untruths inherited from our ancestors (parents, grandparents) as a result of the hurtful circumstances in our lives, We need to change these ungodly beliefs into godly beliefs (**Ro 12:2**). This is done through structured prayer of repentance for believing these lies, renouncing these lies and receiving God's truths to renew our minds. As we break our agreement with the demons this structured prayer helps us recover our legal ground.

Hurts in the soul/spirit

Jesus came to heal the broken hearted (**Lk 4:18**). As we pray and listen, God will show us the roots of our hurts. After we take care of the necessary forgiveness, releasing and renouncing, He heals what He has revealed. All legal ground given to the enemy from our sinful responses to the hurts as well as inherited legal ground are then salvaged back from the enemy.

Demonic Oppression

Once we have done above three strategies, demons have lost their legal ground so it is easier to tear down and destroy the demonic oppression structure (**Mk 16:17**) and eliminate them from our lives.

Dealing with these four areas will certainly change our lives and bring healing to our spirit, soul and body. We will experience the transforming power of God's grace as His purpose is accomplished and we are conformed more and more into the image of His dear Son, Jesus Christ. Doors to intimate fellowship with God will be opened and we are given His authority and empowerment making it possible for us to live a victorious life in Christ Jesus.

We need to remember that if we wish to lead a victorious life with Christ, we need to exchange our life with His in which we give Jesus all that we are in exchange for Himself and all that He has done for us. Through the cross, Jesus Christ gives us the provisions for a victorious life: forgiveness of sin, victory over the power of sin, victory over Satan and his demons, power over sickness and disease and triumph over death itself. The cross provides the basis for reconciliation with Jesus and with our Abba Father. Because of the cross, we can live an abundant joyful life on earth as well as experience the glorious knowledge of eternal life.

Through Jesus death on the cross, we now can break the power of the curses in our lives and be free of the sins of the fathers and resulting curses. By the cross, Jesus demonstrated that He is the way, the truth and the life. Once we know the truths we leave behind our ungodly beliefs and move towards His godly beliefs. Because Jesus took our grief and sorrow we now can receive the authority He has provided for us to be victorious over Satan and all the hordes of hell. As believers, we have the authority to cast out demons and remove demonic oppression from our lives.

We appropriate the cross in all its fullness into our lives. We receive it, apply it to our lives, possess its reality and victory are empowered to move forward in faith. **Phil 3:13** and **1 Cor 5:7** becomes a reality in our lives. We also are in a position to help others with the power of the Cross so that they too would receive healing and deliverance.

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