



Healing hearts  
transforming lives

# BIBLICAL HEALING

A Weekly Biblical Healing Newsletter

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## Does forgiveness automatically bring forth healing?

I have heard many people telling me that they have forgiven but the pain is still there. What is the reason? The pain will not leave as long as God does not come in to forgive and heal his heart and take away the pain.

Your forgiveness does not automatically remove the pain. Many people who have forgiven but still feel the pain has a tendency to keep asking for forgiveness again and again. When the forgiveness is made, healing has just begun. God has to come in to heal and take away the pain.

If the sins are generational, the curse of sins has to be broken in his life. If these are not broken, the same type of hurt is repeated again and again and the mind cannot be renewed from the lies Satan has implanted on them. I have counselees coming to me again and again where hurtful events keep repeating. This is because the iniquity in their hearts and the forgiveness is not healed and there is generational sin.

Forgiveness is not a simple act of decision and healing of forgiveness sometimes takes time. The wounded person must also do his part by acknowledging unforgiveness, examine the impact of his hurt and work through the painful memories and then comes to a place of forgiveness. There are no short cuts. There is no pretence in forgiveness; it will not work.

Unforgiveness is a stubborn garbage and is embedded deep inside of us and much patience, prayer and leading of the Holy Spirit are needed for both the counselor and the counselee. Their excuses for not forgiving should be confronted. Unless the deep issues of the heart are confronted, there will not be true forgiveness and when there is no true forgiveness, there will be no healing.

Make a decision to forgive others and yourself as well as sincerely ask God for forgiveness of the offense and ask God to come in to heal the hurts and the unforgiveness, resentment and bitterness and to prevent the repetition of hurtful events.

*What are the blockages to your forgiving others? Look out for the next newsletter.*

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