

Breakthrough in OCD (Obsessive Compulsive Disorder)

by Sis Eliana Ho

My son, Timothy was diagnosed with OCD (Obsessive Compulsive Disorder) in 2011. As his condition started deteriorating, he was put on medication around May 2012. In June 2012, I noted his rapid deterioration despite being on medication. He had this fear of so called “hair loss” virus. He would hide in his room whenever my dad, who stays with us, was at home.

He would empty nearly his whole wardrobe of clothing to shield himself whenever he leaves the room to protect himself against the hair loss virus of my dad. He has the fear to use his cup, and water bottle which he felt was contaminated with the virus. He avoids his balding form teacher to such an extent his studies were badly affected. He would also use liquid soap, shower gel and tissue paper excessively to clean himself and at times, even go under the shower, fully clothed, to wash the so-called virus off his hair.

In June 2012, I brought him to a psychiatrist for his regular review and when asked, Timothy informed the psychiatrist that his condition has worsened. The psychiatrist then increased his dosage of his medication. That same evening, I brought Timothy to TCC where Rev Ian Peters was the special speaker. When Timothy first entered the church, he told me he felt severely attacked by the “hair loss” virus due to OCD condition as there were a few balding elderly men. He felt so panicky that in the midst of worship, he went to the toilet to hide for about 15-20 minutes. My mum and I prayed that he would come out of hiding in the toilet.

When he came out, he told me he couldn't take it anymore and he kept rubbing his head against mine and asked me take photos of the back of his head so he could check for hair loss. He even told me that he can't go back to school anymore due to all the viruses flying around especially that of his balding form teacher. I didn't know what to do but just prayed. He couldn't focus on the message. What surprised me greatly was that Timothy on his own accord decided to go forward for prayer by Rev Ian Peters and after the message. I knew it was God at work. That very night, when he reached home, he went to touch my dad's hand and sat beside him. He began to use his so called contaminated cup and water bottle again. My dad was shocked as Timothy had avoided him like he was a leper for months. Shortly after, he started his emotional healing with Ps Alicia which is another breakthrough as he had avoided church and spiritual authorities for many months.

About a month ago, one morning during quiet time, I was impressed to list down the breakthroughs in his life and I managed to compile 22 items and I got so overwhelmed that I just broke into thanksgivings to God. The key areas of breakthrough included the following:

- 1) Overcame OCD – no longer afraid of hair loss virus. Used a lot less soap and tissue paper.

2) Overcame anger – in the past, when he was upset, he would fly into a rage and his eyes will roll back so much you can only see his eye white. He used to react so much that he would vomit and more so when we prayed for him. Each time, he will ask us to stop praying as it causes him to vomit more. After inner healing/deliverance, all these manifestations stopped and I realised he is so much calmer and have better self control whenever he gets angry. There is a change in his spirit man.

3) Overcame shame – now he has no fear in making presentations in class, has stopped eating excessively and exercises more, as well as taking part in school CCA again after stopping for half a year.

As he continues with the emotional healing sessions, I noticed more breakthrough were in store for Timothy. I thank God for giving Ps Alicia this Father Me program which has indeed brought about the breakthrough for Timothy and my family. All Glory to Him!



Timothy with grandma Dorina